



APRIL

Join Us for Lunch! Contact Shannon 502-451-0334 | swilliams@ascension-parish.com



This symbol will represent the harvest of the month.
This month's harvest is turnips & spinach.



Salad bar, milk and fruit side offered daily!
This month's salad bar protein is chicken, diced ham or pepperoni.



Tuesdays are Taste Challenge Days for the kids to try something new.

We will be practicing Meatless Mondays

 Turnips & Spinach by Isabella DiMauro








Month Harvest
Turnips & Spinach by
Isabella DiMauro

"My favorite item on the salad bar is hard boiled eggs because they taste great and have lots of protein."

"I stay healthy by eating salads and playing sports."

"If I were a farmer, I would grow a variety of vegetables: corn, tomatoes, potatoes and cucumbers. Just like my Great Grandparents."

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Spring Break No School	3 Spring Break No School	4 Spring Break No School	5 Spring Break No School	6 Spring Break No School	7
8	9 Baked Potato Bar with all the fixings	10  Russian Chicken with Noodles	11 Papa Johns	12 Spaghetti with Meat or No Meat Marinara (grass fed local beef) <small>http://www.thelunchbox.org/recipes-menus/recipes/SD010</small>	13  Grilled Mullaney Burgers (grass fed local beef)	14
15	16 Pizza Margherita	17  Pulled Pork Sliders <small>http://www.thelunchbox.org/recipes-menus/recipes/FS039</small>	18 Brunch Seasoned Turkey Sausage Patty, Biscuits, Eggs	19 Meatloaf with Skin on Fries	20 Walking Street Tacos (grass fed local beef) <small>http://www.thelunchbox.org/recipes-menus/recipes/MP001?tab=1</small>	21
22	23 Toasted Cheese with Tomato Bisque	24  Ms. Laverne's Chicken Patty	25  Grilled Hot Dawgs (local)	26 French Toast Casserole <small>http://www.thelunchbox.org/recipes-menus/recipes/FS021?tab=4</small>	27 Papa Johns	28
29	30 Fish Tacos <small>http://www.projectbread.org/reusable-components/accordions/download-files/school-food-cookbook.pdf</small>					