

Asparagus & Strawberries by Anna Lancaster



May Harvest Asparagus & Strawberries by Anna Lancaster

"My favorite vegetable is carrots because they help with eyesight and they have protein."

"To stay healthy I ride my bike and go on hikes."

"If I had a garden
I'd grow corn for my
family because we
love corn and don't
have it very much."



This symbol will represent the harvest of the month. This month's harvests are asparagus & strawberries.



Salad bar, milk and fruit side offered daily! This month's salad bar protein is chicken, diced ham or pepperoni.



Tuesdays are Taste Challenge Days for the kids to try something new.

We will be practicing Meatless Mondays



		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Pasta Bar with Meat or No Meat Marinara (grass fed local beef) http://www.thelunchbox.org/recipes-menus/recipes/SD010		3 Chow Wagon Picnic Beef Nachos Chips Popsicles EAT OUTSIDE weather pending	4 NO SCHOOL	5
6	7 Pizza Margherita	Chicken Soft Taco with all the fixings	Grilled Mullaney Burgers (grass fed local beef)	Plain Chicken Sliders	11 Walking Street Tacos (grass fed local beef) http://www.thelunchbox. org/recipes-menus/recipes/ MP001?tab=1	12
13	14 Baked Potato Bar with all the fixings	Pasta Bar with Meat or No Meat Marinara (grass fed local beef) http://www.thelunchbox. org/recipes-menus/recips- SD010		Beef Tacos Crunch or Soft Shell Bar	18 Papa Johns	19
20	21 8th Grade Choice Enchiladas	Grilled Hot Dawgs (local) FIELD DAY	Walking Street Tacos (grass fed local beef) http://www.thelunchbox. org/recipes-menus/recipes/ MP001?tab=1 ACE DAY	Brunch Seasoned Turkey Sausage Patty, Biscuits, Eggs	25 11 AM DISMISSAL	26
27	28 MEMORIAL DAY	29	30	31		